

# FootPrint

## Bannside Rambling Club



### Dates for Diary

Annual Dinner and Table Quiz – Saturday 9<sup>th</sup> November

Christmas Party – Friday 13<sup>th</sup> December

## Notice to All Walk Leaders

- 1 Carry a club first-aid kit, **and**, where necessary, a fencer, the club fence-crossing device, survival shelter and/or reflective jackets for the front and end of the group when on roads. Pass these on to the leader of the next walk.

### The fencers are kept with:

Weekend walks	YELLOW	Alan Faulkner
Thursday walks	RED	Tony Hegarty
Wednesday evening walks	BLACK	Aideen Robinson

### First Aid Kits, Reflective Jackets and Survival Shelters:

Weekend walks	First aid kit circulates; other kit with Alan Faulkner
Thursday walks	Circulate
Wednesday evening walks	Aideen Robinson

- 2 Go over the route of the walk beforehand, obtaining, where necessary, permission from landowners. It is advisable to have at least one other member with you in case of mishap and also to act as leader if you are unable to do so. Consider informing the Forest Service of your route, if appropriate. Please refer to Forest Protocol in the members' section of the Club website.
- 3 Make sure that adequate car parking space is available at the walk starting point.
- 4 Give drivers clear directions to the starting point. (It is the responsibility of walkers who meet in Coleraine to go to the designated meeting point unescorted.)
- 5 Inform visitors that they are not covered by BRC Insurance.
- 6 Walk leaders should ensure that the group remains together by, for example, adjusting the pace of the walk and/or appointing someone to bring up the rear.

WALK LEADERS ARE ENTITLED TO CLAIM A MILEAGE ALLOWANCE OF 10 (TEN) PENCE PER MILE FOR MILEAGE INCURRED WHEN CHECKING OUT WALKS. SUBMIT YOUR CLAIM TO THE CLUB TREASURER.

## From the Archives by James Hamill

*In the early years of the club, reports of walks were printed in the Coleraine Chronicle. This is one of those reports, in June 1985, about a walk up Slieve Snaght in Inishowen, led by Sally McClean.*

On a Sunday walk the Bannside Rambling Club made a welcome return to an old favourite, Slieve Snaght, at over 2,000', the highest mountain in Inishowen. On route the group renewed acquaintance with a farmer who on a previous visit to Snaght had come to the aid of a stricken Rambler by supplying him with an egg, double-yoked, to attempt to seal a leaking radiator but with disappointing results. The garage man who a few days later fitted the car in question with a brand-new radiator says that eggs are much better in an eggcup or a frying pan.

Eventually the group of ramblers reached the starting point and set off from the end of a bog road at Golan Bridge. The first part of the walk led through some recent peat cuttings which were admired in passing. The ascent then began and soon the minor top of Slieve Snaght Beg was attained where a welcome rest and drink were taken while the view of the Inishowen Peninsula was admired, and old 'friends' identified.

From here, after a small drop, the final climb up a steep rocky slope led to the O.S. cairn on Slieve Snaght which is surrounded by a stone shelter and scattered around are numerous small cairns. This fine vantage point was chosen for the lunch stop with ample time to

admire the panoramic views on all sides. To the east, the previous day's walk from Binevenagh to Donald's Hill, could be identified, while, to the west, the route of the Glover Highlander, Muckish to Errigal, was quite clear.

Following the ridge, the party continued down the south-west flanks of Snaght and over easy ground to Slieve Main. On the way, a well grown lamb that had recently died, being watched over by the mother sheep, provided a sad distraction.

From Slieve Main, a short walk over some rocky ground, to the summit of Crocknamaddy where it was declared 'time for afternoon tea.' At this point a heavy rain shower put an end to the rest and a quick descent was made to Fallisk where the group engaged in some industrial archaeology and inspected a ruined cottage and old farm implements. An old car provided a welcome shelter from another heavy shower for one enterprising individual while the main group found a high hedge of hawthorn quite useful.

Finally the Fallisk lane was followed back to the main road where some cars had been parked. The leader was Sally McClean.

## BRC Tuesday Evening Talks, 2019-2020

All talks take place in Flowerfield, Portstewart at 8pm. There is a small door charge and afterwards the audience and speaker socialise over a supper. The presentations are open to the public.

<b>29<sup>th</sup> October 2019</b>	<b>West Highland Way</b>
<b>Hazel Calderwood</b>	First opened in 1980 the West Highland Way was Scotland's first long distance walking route and remains by far the most popular. Stretching for 151km (96 miles) from Milngavie on the edge of Glasgow it passes through pastoral landscapes and then along the shore of Loch Lomond, and continues onto the increasingly rugged and majestic highlands. The trail crosses the vast, awe-inspiring expanse of Rannoch Moor, with a glimpse down Glencoe, before crossing the hills to Loch Leven. The route finally reaches Fort William at the foot of Ben Nevis via beautiful Glen Nevis.
<b>26<sup>th</sup> November 2019</b>	<b>Follow the Camino Frances</b>
<b>Sally McClean</b>	The Camino Frances (or French Way) is arguably the most famous of the nine major Camino de Santiago routes. Its 500 miles of trail have inspired many artists, writers and filmmakers to document their journey including the famous movie The Way, starring Martin Sheen. The route traditionally starts in St. Jean-Pied-De-Port in France, before crossing the Pyrenees and continuing through the La Rioja region and along the rolling hills and high Meseta of northern Spain, before finishing in Santiago de Compostela, the burial place of St. James. The Camino has become increasingly popular with walkers in recent years, including a number of trips by Bannsidors.
<b>13<sup>th</sup> December 2019</b>	<b>Christmas Party</b>
<b>28<sup>th</sup> January 2020</b>	<b>Wainwright's Coast to Coast walk - east to west.</b>
<b>James Hamill</b>	<p>In 1973 Alfred Wainwright walked from St Bee's, on the Cumbrian coast, through the Lake District, over the Pennines and the North York Moors to Robin Hood's Bay on the North Sea coast, a distance of around 192 miles.</p> <p>His route has become one of Britain's most popular long distance walks and most people do it, as he did, from west to east. Moya and I have done it three times, always east to west. Come along and find out why!</p>

<b>11<sup>th</sup> February 2020</b>	<p><b>Everyday First Aid: simple and fun for anyone to learn first aid skills.</b></p> <p>These Red Cross sessions last up to 2 hours and are delivered to groups at a location and time which suits them. The flexible approach means sessions are adapted to individual group needs around the emergencies they are likely to encounter.</p> <p>It is important that walkers have first aid knowledge and have the skills and confidence to take action, particularly in a rural or remote location where they may not have easy access to emergency services.</p> <p><b>Note:</b> 7pm at Sandel Centre, Coleraine. As numbers are restricted, if you intend to attend, you should inform Sally McClean (07802416616 or si.mcclean@ulster.ac.uk) by the end of January.</p>
<b>25<sup>th</sup> February 2020</b>	<p><b>Marine Archaeology on the North Coast: from Discovery to Protection.</b></p> <p>In this illustrated talk underwater archaeologist Rory McNeary will give a background to the marine archaeology on the north coast with specific reference to some of its more famous shipwrecks, including the designated wrecks Girona and HMS Drake.</p> <p>Rory McNeary is a government heritage curator and marine archaeologist.</p>
<b>31<sup>st</sup> March 2020</b>	<p><b>Walking in Woods</b></p> <p>I will briefly say how I came to have a career in forestry that brought me to join the Northern Ireland Forest Service in 1975. I will use slides of our forest walks to outline the history of the Forest Service and illustrate many aspects of current forest management. (Most of the slides are from our website, many taken by Stewart Ramsay who has kindly agreed that I can use them).</p> <p>I will also show a few slides of the forests in the Dolomites to illustrate the differences between Irish and Continental forestry. I hope to make the case that forestry plays a significant role in the countryside and deserves public support.</p>

**Annual Dinner – Antrim Suite, Portrush Atlantic Hotel**  
*(formerly Ramada)*  
**Saturday 9<sup>th</sup> November 2019**  
**7.15pm for 7.30pm**

**Menu**

Vegetable Broth with Homemade Wheaten Bread  
Prawn Cocktail with Marie Rose Dressing  
Pork Terrine with Fresh Salad

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Pan-Fried Seabass served with Sea-Salt Potatoes, Greens and a Corndale  
Chorizo Cream  
Stuffed Chicken Supreme served with Creamy Champ, Green Beans and  
Garlic Mushroom Sauce  
8oz Sirloin Steak served with Chips, Pepper Sauce and French Fried Onions

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Hot Chocolate Fudge Cake with Vanilla Bean Ice Cream  
Lemon Cake with Lemon Meringue Ice Cream  
Apple Crumble with Hot Custard

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Tea or Coffee

**PRICE: £20**

**Please forward the attached booking form to Mary Jones**  
**by SATURDAY 2<sup>nd</sup> NOVEMBER 2019.**

## Chairman's Report 2019

The Annual General Meeting was held on Saturday 7 September 2019, in the Fullerton Arms, Ballintoy, after a choice of all day and afternoon walks and was followed by an early evening meal.

As Chairman, I was pleased to report on another successful year. As well as a full programme of walks and talks, I highlighted the continuing success of our annual Causeway Coast walk with 234 participants, just a little down on the previous year. (The walk was voted Best Challenge Walk in a WalkNI poll in 2016.)

We are grateful to those who volunteer as leaders for the day and evening walks and give us such variety in location and exertion. Please think about leading if you haven't done so yet.

While our Tuesday evening talks continue to be well attended, we have seen a drop in numbers at the Annual Dinner. Please do consider coming along this year; it is a very enjoyable social occasion.

We have 211 members, with 16 new members this year. On a sad note, founding member, Jack Stratford, passed away.

Our financial health is good. Consequently, the Committee's recommendation that we maintain the subscription at the current rate for 2020 was approved by the Meeting. Reminder - it is due on 1 January! Payment to Assistant Treasurer please.

The Club is represented on the Outdoor Recreation Advisory Group of the Binevenagh and Coastal Lowlands Landscape Partnership Scheme (see *FootPrint* 41 and 42), which is soon to enter its implementation phase. We hope to see improved access for walking in the area in the coming years, subject to Heritage Lottery funding.

Members will know that the success of the Club is in large part a result of the hard work of the Committee. All were willing to continue to serve. The AGM recorded its thanks to them, and they were re-elected unanimously. Please give them your support in the coming year.

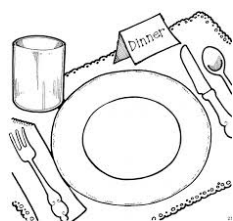
The meeting also recorded its appreciation of the work of Hazel Calderwood, who has stepped down as editor of this Newsletter after a considerable number of years. Alison Killen has taken on this role.

Happy Rambling.

*Alan Faulkner*

## Bannside Rambling Club – Annual Dinner

Portrush Atlantic Hotel, 73 Main Street, Portrush, BT56 8BN



**SATURDAY 9<sup>th</sup> NOVEMBER 2019**  
**7.15pm for 7.30pm**  
**Non-walking partners welcome**  
**Followed by table quiz**  
**Total cost £20**



**Replies to:**  
**Mary Jones, 22 Vale Road, Portrush,**  
**Co Antrim, BT56 8LZ**  
**by Saturday 2<sup>nd</sup> November 2019**

### BOOKING FORM FOR BANNSIDE RAMBLERS ANNUAL DINNER

<b>NAME:</b>	
<b>ADDRESS:</b>	
<b>TEL:</b>	<b>NO OF PEOPLE:</b>

**Please indicate number for starter, main course and dessert**  
(see full menu on page 6 of Footprint)

<b>STARTER</b>	<b>Vegetable Broth</b>	
	<b>Prawn Cocktail</b>	
	<b>Pork Terrine</b>	
<b>MAIN COURSE</b>	<b>Pan-Fried Seabass</b>	
	<b>Stuffed Chicken Supreme</b>	
	<b>8oz Sirloin Steak</b>	
<b>DESSERT</b>	<b>Chocolate Fudge Cake</b>	
	<b>Lemon Cake</b>	
	<b>Apple Crumble</b>	

**AMOUNT ENCLOSED (£20 PER PERSON)**  
NB Cheques to be made payable to Bannside Rambling Club

£
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